

# PROMOTING

## Positive Self Esteem In Children



**Christy Sanderson**



If you could create the ideal adult child, what would that look like?

Describe the person you hope your child will be as an adult.

# My Notes

A vertical stack of 20 horizontal white lines on a light orange background, serving as a template for notes. The lines are evenly spaced and extend across most of the width of the page.



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A vertical stack of 20 horizontal white lines on a light orange background, serving as a template for notes. The lines are evenly spaced and extend across most of the width of the page, leaving a small margin on the left and right sides. The top line is slightly thicker than the others, possibly indicating a header or a starting point for writing.



# My Notes

A vertical stack of 20 horizontal white lines on a light orange background, intended for writing notes. The lines are evenly spaced and extend across most of the width of the page.

# My Notes

A vertical stack of 20 horizontal white lines, each separated by a thin black border, intended for writing notes. The lines are evenly spaced and extend across most of the width of the page.

# My Notes

A vertical stack of 20 horizontal white lines on a light orange background, intended for writing notes. The lines are evenly spaced and extend across most of the page width, leaving a small margin on the left and right sides.

# My Notes

A large white rectangular area with horizontal lines, intended for writing notes. The lines are evenly spaced and extend across the width of the page.